# **Further Information**

All sessions will be led by Mrs Julia Wilson who is a Level 3 Forest School Leader. If you have any questions or need further information, please get in touch either by phoning school (01206) 576408 or email jwilson@kingswodehoe.essex.sch.uk All Forest School Policies and risk assessments are available in a folder marked 'Forest School' in the main school office.







# Kingswode Hoe

Information for Parents and Carers



#### What is Forest School?

Forest School is a long term process that offers children the opportunity to succeed and develop confidence and self-esteem through hands-on learning experiences in a woodland environment.

At Kingswode Hoe we believe that every child can achieve no matter what their age or ability and Forest School plays an essential part of their learning and development.

### When and where will Forest School take place?

- Sessions will be every week for the whole year from 1pm -2.30pm
- We will start sessions in our own school wooded area and then move on to The Spinney in Hilly Fields which is across Sussex Road (map below)

#### What is the adults role?

- All sessions will be led by a qualified Level 3 Forest School Leader trained in Outdoor Paediatric First Aid with support from 2 members of school staff.
- The adults' role is to aid learning by discovery and play which is child led.
- Pupils are observed and actively encouraged throughout.



# What to wear as Forest School takes place in all weather!



#### Winter

Warm waterproof coat, waterproof trousers and wellies with warm socks or walking boots

Hat, scarf, gloves



#### Summer

Waterproof coat, waterproof trousers and wellies or walking boots Sun cream, sun hat

All Forest School kit should be named and will be kept in school and sent home regularly to be washed.

## What happens at Forest School?

There will be many opportunities and activities, examples of which include:

- Den building, tying knots
- Mini beast hunts, bird watching
- Woodland crafts made with natural materials
- Sensory games involving touch, smell and feel of the materials with the site
- Story telling
- Free play and lots of fun!